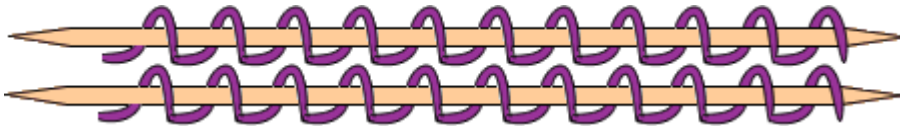
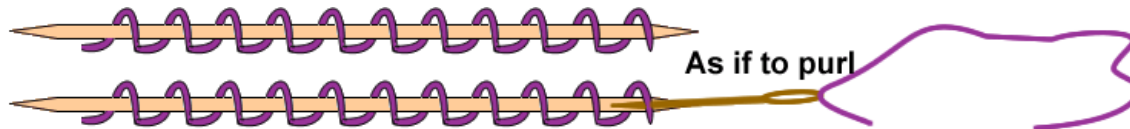


Prepare: You will need 2 knitting needles (a size 8 when knitting with thick yarns, or a size 2 when knitting with thin yarns). Hold the needles parallel with the tips pointing in the same direction, wrong sides (purl side) facing each other.

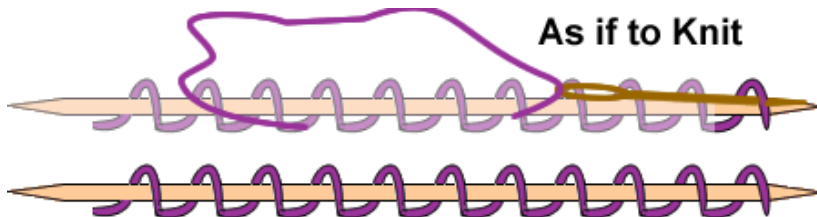


Caution: Be sure that the stitches are set up on the needles correctly. See above graphic. The stitches should sit exactly as in the graphic above.

Set up for kitchener stitch: Insert the tapestry needle into the first stitch on the needle closest to you as if to purl (from right to left), pull it through, leave the stitch on the needle.



Insert the needle into the first stitch on the back needle as if to knit (from left to right), leave the stitch on the needle. Pull the yarn through.



Needles are set up for the kitchener stitch, now follow the next 4 steps.

Step 1

Insert the needle into the first stitch on the front needle as if to knit. Slip stitch off the needle.

Step 2

Insert the needle into the next stitch on the front needle as if to purl. Leave stitch on the needle. Gently pull on the working yarn to snug up the stitch. Do not pull too much.

Step 3

Insert the needle into the first stitch on the back needle as if to purl, and slip it off the needle.

Step 4

Insert the needle into the next stitch on the back needle as if to knit. Leave this stitch on the needle. Snug up the yarn by pulling gently on the working yarn.

Repeat steps 1-4. At the end, the needles will have 2 stitches remaining. Proceed to step 1 and then to step 3.

Weave in the ends to the wrong side of the item.